

Arrows with Soul™ Roadmap - Workshop and Coaching Offerings

A	B	C	D	Objectives
Arrows with Soul™ Core Programs	Value Added / Ongoing Coaching (PKASH Formula)	Arrows with Soul™ Leadership Training	Value-Added / Ongoing Coaching (PKASH Formula)	Arrows with Soul™ Key Transformation
Arrows with Soul™ DNA AWS-I (2-day workshop) A comprehensive roadmap on the 'whys' and 'hows' of holistic worklife integration for professional and personal effectiveness.	Coaching (6 sessions) Personal Development and Shepherding Attitudes. Drill downs and application of AWS DNA.	Heartware of Leadership and Influence (1 day workshop) Develop Strategic True Leadership and Influence to attract, retain and motivate critical employees.	Coaching (6 sessions) Continuous Personal Development and Leadership Coaching based on AWS DNA	Mindset / Perspectives / Attitudes Transformation Mental Resilience Enhanced Teamwork Synergy Sustained Engagement and Value Add
Arrows with Soul™ Living Application AWS-II (2 day workshop) Multiplier and Booster for Holistic Work-Life Integration - Mission, Values and Vision. A natural progression from AWS-I where participants make habits of life changing resolves.	Volunteer Practicum with Asian Journeys® Facilitate small group to edify one another and encourage further traction through learning and sharing from each other via Community Involvement Program – Local or Overseas.	Mental Resilience for Leaders (1 day workshop) Strategic workshop that helps to align leaders to the time tested truths about leadership and influencing their staff for positive and lasting resilience in the face of continuous change and pressures of New Economy.	Volunteer Practicum with Asian Journeys® Facilitate and mentor young leaders to be encouraged, restored and planted for enhanced leadership. Community Involvement Program – Local or Overseas	Purposeful and meaningful life and work Clarity, Alignment and Resonance Influential Leadership in workplace and home Impartation of legacy to children / subordinates through successful relational coaching and mentoring.
INDEPENDENT MODULE OR INTEGRATE INTO ABOVE DNA MODULES (1-day workshop)				
AWS-1A Go-Green! Work-Life Integration Workshop (Part 1)	AWS-1B Tick Tock! – The Power of Work-Life Integration (Part 2)	AWS-2 Heartware of Mental Resilience	AWS-3 Engaging Matured Workers	AWS-4 8-Traits of the New Economy
AWS-5 Heartware of Service (Supervisory Coaching)	AWS-6 Time Power – Principle of Focus, Planning, etc	AWS-7 Online Assessment Tools	AJ-1 Cultural Journey Workshop	AJ-2 Spiritual Journey Workshop
Optional PKASH (Perspective, Knowledge and Insights, Attitudes, Skills and Habits) Coaching to ensure Traction available for Independent Modules.				